

PHYSICAL EDUCATION

AS/A2 Level

This is now a very popular 'A' level taken in thousands of schools all over the country and is well respected by institutes of Higher Education. It examines three theoretical areas: physiology, sports psychology and socio-cultural studies, and assesses practical performance, including an analysis and evaluation task. It is an interesting, challenging and highly demanding course.

SUBJECT CONTENT - AS

Unit 1
G451 A written paper (2 hours) called 'An Introduction to Physical Education'. The paper has three sections; Anatomy and Physiology, Acquiring Movement Skills, and Socio-Cultural studies relating to participation in physical activity.

This unit is worth 90 marks (60% of the AS grade)

Unit 2
G452 'Acquiring, Developing and Evaluating practical skills in Physical Education'. This work is practical. Candidates will be assessed by;

1. Performing two activities from two different activity groups.

Or
2. Performing one activity and coaching one activity from two different activity groups.

Or
3. Performing one activity and officiating one activity from two different activity groups.

As part of this unit, all students will have to evaluate a live performance and plan for it's improvement. This unit is worth 80 marks (40% of the AS grade)

SUBJECT CONTENT - A2

Unit 1
G453 There will be a 2.5 hour written paper that includes three sections:
History of Sport; Sports Psychology and Exercise Physiology.

This unit is worth 35% of the final A-level grade

Unit 2
G454 Practical application of skills. Candidates will be assessed by:

1. Performing one of the chosen activities from one of the activity groups.

Or
2. Coaching one of the chosen activities from one of the activity groups.

Or
3. Officiating one of the chosen activities from one of the activity groups.

As part of this unit, all students will have to evaluate a live performance and plan for it's improvement. This unit is worth 15% of the final A-level grade.

ASSESSMENT

AS

G451	60% of AS/30% of A2	2hr Written paper
G452	40% of AS/20% of A2	Practical performance and analysis.

A2

G453	35% of A2	2.5hr Written paper
G454	15% of A2	Practical performance and analysis.

REQUIREMENTS

Students must have a keen interest in sport and participate in physical activity on a regular basis, playing at least one sport at club level. The ability to research different theoretical concepts is essential, applying practical examples whenever possible. Strong writing skills are advantageous as the exam paper contains questions that require an essay style answer.

If you enjoy playing and watching sport, as well as reading about wider sporting issues then this could be the course for you.

OTHER SUBJECTS

Sport and PE combine well with almost all subjects due to the wide range of study areas involved, but are particularly suited to combine with Biology, Maths, English, Psychology and Sociology.

ROUTES POST A LEVEL AND VOCATIONAL OUTCOMES

A-level PE is held in high regard by institutes of Higher Education. Students can go on to study PE related subjects, like Sport and Exercise Science, or enter courses from different fields of study. There are currently students at Universities all over the UK who entered with PE as one of their qualifications. Others have moved successfully into employment in a variety of jobs.

For more information, help or advice about Physical Education contact:
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