

BTEC LEVEL 3 CERTIFICATE/SUBSIDIARY DIPLOMA IN SPORT (QCF)

This is a new course that we are offering at Groby to provide students, who studied the BTEC Level 2 in Sport during Years 10 and 11, an opportunity to study the subject further at post-16.

SUBJECT CONTENT — Certificate (30 credits)

This qualification consists of 30 credits and 180 guided learning hours, making it equivalent to one AS level.

Mandatory Units

1	Principles of Anatomy and Physiology in Sport	5 units
2	The Physiology of Fitness	5 units
3	Assessing Risk in Sport	10 units

Optional Unit

4	Fitness Testing for Sport and Exercise	10 units
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SUBJECT CONTENT — Subsidiary Diploma (60 credits)

This qualification adds a further 30 credits and 180 guided learning hours to those achieved in the Certificate, making it equivalent to one A level.

Optional Units

Three units, each worth 10 credits, from Fitness Training and Programming, Sports Coaching/Leadership in Sport, Practical Team Sports/Practical Individual Sports, Current Issues in Sport and Outdoor and Adventurous Activities.

ASSESSMENT

Assessment is entirely coursework based and consists of assignments that are completed and handed in to meet deadlines. Students work is internally assessed and externally verified.

REQUIREMENTS

Students will need to have achieved at least a Pass at BTEC Level 2 Sport or a C grade in GCSE PE. Students must also have a keen interest in sport and participate in regular physical activity.

PROGRESSION

Students can progress into higher education and employment in the sport and fitness industry: Sport and Leisure Management, Sports Coaching, PE Teaching and Sports Administration.

For more information, help or advice contact:

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