

# IT ALL STARTS AT

# YES



## Dear parents and carers

We have recently visited Year 11 students and given them the opportunity to take part in the Summer National Citizen Service (NCS) programme. This is an amazing opportunity for all abilities so please ensure you encourage your teenager to take part. More information follows, places are limited and a quick response is advised.

## What is National Citizen Service (NCS)?

NCS gives **16 & 17 year olds** the best Summer experience possible! Instead of hanging around at home, getting bored, NCS will occupy them for 4 weeks, giving them the opportunity to develop their personal skills and achieve amazing things by making a difference. NCS is recognised by UCAS as one of the best personal development programmes and at only £35 it's incredible value for money too.

## When does Summer NCS happen?

Summer NCS take place over 4 consecutive weeks and there are 4 date options for you to choose from:

**Summer Wave 1:** Monday 6<sup>th</sup> July to Friday 31<sup>st</sup> July 2015.

**Summer Wave 2:** Monday 13<sup>th</sup> July to Friday 7<sup>th</sup> August 2015.

**Summer Wave 3:** Monday 20<sup>th</sup> July to Friday 14<sup>th</sup> August 2015.

**Summer Wave 4:** Monday 27<sup>th</sup> July to Friday 21<sup>st</sup> August 2015.

## What will they do each week?

An overview of each week follows. On Summer NCS your teenager will always have weekends to themselves to spend as they wish.

- **Week 1: Adventure and Team Building (Residential - Mon to Fri)**

This week is at an outdoor pursuits centre, where the focus is on team building, tackling challenges and developing confidence. It is a great opportunity to make new friends and take part in activities including: Rock climbing, Canoeing, Archery and many others! No previous experience is required, just a willingness to try something new!

- **Week 2: Skills Development (Residential - Mon to Fri)**

For this skills week they will stay at De Montfort University in the halls of residence. The workshops during the daytime are designed to help your teen to develop further as a young adult by finding out about the variety of communities in Leicestershire, tackling stereotypes and developing their understanding of the city and county. Business and charity leaders will be giving inspirational talks and running masterclasses to develop employability skills too and there will be a variety of sports, dance and film activities to choose from in the evenings.

- **Weeks 3&4: Social Action Project Planning and Action (Mon to Fri 10am to 4pm)**

This is when each team plans and carries out a Social Action Project, putting all the skills they have learnt in the first two weeks into action to benefit the community. They will be based at home but meet up with their team every weekday to plan and then carry out their project. They could be fundraising, campaigning, revamping spaces or raising awareness of local charities. There will be over 20 projects for the teams to choose from which can be adapted to suit their ideas and creativity.

**The main benefits of NCS:**

NCS gives your teenager the chance to:

- Meet with local businesses and social leaders to learn new skills for work and life
- **Meet other young people from a range of backgrounds and develop confidence**
- Tackle outdoor challenges and develop their teamwork skills
- **Graduate and receive a certificate signed by the Prime Minister**
- NCS is recognised by UCAS
- **Make their mark and make a difference by carrying out their Social Action Project.**

For more information call the NCS office on 0116 240 7007 or email: [ncsem1@Leics-ebc.org.uk](mailto:ncsem1@Leics-ebc.org.uk) or speak to David Brentnall or your careers advisor Fay Wilson



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